

Diversity 101 Self-Paced Overview

The Diversity 101 curriculum is designed to help participants develop the awareness, knowledge, and skills for building a more inclusive working and learning environment on our campus. The course provides learners with the opportunity to critically examine their own perspectives and develop new ways of thinking about and engaging with others. No prior knowledge is required.

COURSE CALENDAR and PLANNER

UNIT ONE – Diversity, Equity, and Inclusion Foundations	Time(s)/date(s_ you will complete (PRO-TIP: block the time & add reminders to to your calendar!)
Module 1: Multiple Meanings	
WATCH: What is diversity? (9 minutes)	
DO: “What is Diversity?” Activity (approx.. 30-60 minutes)	
WRITE – Learning Journal (approx. 30 minutes)	
Module 2 – Understanding the Importance of DEI	
WATCH: Why should I care about diversity? (6 minutes)	
DO: Application Activity - How does diversity & inclusion impact YOU? (approx. 15 mins)	
WRITE – Learning Journal (approx. 30 minutes)	
Module 3 – Diversity & Identities	
WATCH & DO: Diversity at the Interpersonal Level (video 7 minutes plus embedded activity, approx. 10 mins)	
DO: Application Activity: Identity Self-Reflection Questions	
WRITE – Learning Journal (approx. 30 minutes)	

Module 4 - Intersectionality	
READ: Introduction to Intersectionality (approx.. 30 mins)	
WATCH: The Intersectionality Collection (approx.. 25 mins)	
DO: Application Activity: Mapping Intersectional Identities (approx. 5 mins]	
WRITE - Learning Journal (approx. 30 minutes)	
Module 5 - Introduction to Unconscious Bias	
DO: Application Activity "Who does what?" (approx. 5 mins)	
WATCH: Fast and Slow Thinking (video 13 min.)	
DO: Application Activity: Unconscious Bias Quiz (5 mins)	
WRITE - Learning Journal (approx. 30 minutes)	
Module 6 - Introduction to Microaggressions	
WATCH: The Little Things We Say (video 14 mins.)	
DO: Application Activity Microaggressions Quiz (approx. 5 mins)	
WRITE - Learning Journal (approx. 30 minutes)	
Module 7 - Introduction to Privilege	
WATCH: Margins & Mainstream: An Introduction to Privilege (video 9 min.)	
DO: Privilege Checklists Activity (approx. 30 mins)	
READ: Managing Privilege (approx. 3 mins)	
WRITE - Learning Journal (approx. 30 minutes)	
Module 8 - Diversity on Campus	
WATCH: Diversity on Campus (11 min.)	

DO: Diversity Audit Activity (approx. 30 mins)	
WRITE - Learning Journal (approx. 30 minutes)	
Module 9- Introduction to Cultural Competence	
WATCH: Cultural Competence Part I (video 6 mins.) WATCH: Cultural Competence Part II (video 8 min.) DO: Cultural Self-Assessment (activity embedded in video, approx. 15 mins)	
WRITE - Learning Journal (approx. 30 minutes)	
Module 10 - Building Blocks for Inclusion	
WATCH: Building a culture of inclusion (video 15 min.)	
DO: Building Block for Inclusion Quiz (5 mins)	
WRITE - Learning Journal (approx. 30 minutes)	

Congratulations! You have finished the course and earned a digital badge!

