Recreation and Wellness Center
Group Fitness Instructor

Department Mission:

Position Responsibilities:

• To lead fitness and wellness classes for patrons.
• Instruct aerobic-based group fitness to students, faculty/staff and community members.
• Enforce policies and procedures set forth by the Recreation & Wellness Center in order to provide a safe and enjoyable class.
• Assume a leadership role as a professional in the area of exercise and group fitness
• Teach class with energy and enthusiasm.
• Obtain substitutes as needed and report the change to the appropriate professional staff member.

Requirements:

• Must be in good standing with the University.
• Displays a positive and friendly attitude.
• Willingness to learn, follow, and enforce rules and regulation.
• Excellent communication skills, especially using email.
• A current group fitness instructor certification or the ability to attend a workshop through the Recreation and Wellness Center
• Minimum GPA: 2.0

Compensation:

$10.00-$18.00 an hour
*Contingent certification(s)

Required Training Dates:

Tuesday, April 23
April 24-May 1 (not everyday)
August 14-15