



**GUIDEBOOK FOR  
TRITON SPIRIT COMPETITION**

Homecoming 2017  
University of Missouri – St. Louis  
February 13 – 18, 2017  
[homecoming.umsl.edu](http://homecoming.umsl.edu)

## Welcome to the UMSL Tritons Spirit Competition!

The University of Missouri – St. Louis' Homecoming Week 2017 will be held February 13 – 18 and feature a variety of fun-filled activities designed to unite the campus and instill a sense of Triton pride. Though many activities will be celebrated throughout the week, the highlight of the week will be on Thursday, February 16 when the UMSL Tritons take on Missouri University of Science & Technology at our 9<sup>th</sup> annual Pack the Stands.

The 2017 Homecoming Committee invites you to get involved this year and celebrate Homecoming with us at UMSL. All recognized student organizations are encouraged to participate in this year's Triton Spirit Competition. Student organization teams will compete against one another in a variety of events throughout the week and have the opportunity to become the 2017 Homecoming Champions.

This guidebook is a reference for all student organizations interested in participating in and contributing to the success of Homecoming 2017. Please read the information carefully. Many of the contests in the Triton Spirit Competition have changed this year! It is extremely important that the information in this guidebook is communicated to your fellow organization team members. Please review these documents with all of your team members. If you have questions, please contact us in the Office of Student Involvement, 366 Millennium Student Center.

We encourage the participation of all students and organizations in the Triton Spirit Competition. Don't belong to a student organization? No problem! Sign up with the students that live on your wing, your intramural team, or your classmates. What better way to show your UMSL pride than celebrating your Triton spirit with your fellow students and dominating the competition! The deadline for student groups sign-up is February 10, 2017. Each team that submits a completed packet and meets the 5pm deadline on February 10 will automatically receive 100 points. The Homecoming Committee will accept late applications; however, groups that submit late applications **will not receive** the 100 points.

This year's Homecoming will have something for everyone, and the 2017 Homecoming Steering Committee is working extra hard to create a memorable week of events! Be sure to join the fun and help us continue building this great tradition at UMSL.

Go Tritons!

*Your 2017 Homecoming Steering Committee*

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## **TRITON SPIRIT COMPETITION RULES AND REGULATIONS**

1. Student teams eligible for the competition will be defined as any recognized student organization or group of UMSL students (i.e. residential hall wing, intermural team, classmates) in good standing with the University and with the Office of Student Involvement.
2. All student teams shall be expected to adhere to all policies as stated in the Triton Manual as well as the University of Missouri Student Code of Conduct. These handbooks can be found on the UMSL website at [www.umsl.edu](http://www.umsl.edu).
3. Any team whose members are deemed by the Homecoming Committee to be acting in an inappropriate manner, including but not limited to, disorderly conduct, vandalism, theft, and verbal or physical threats, will be automatically disqualified from Homecoming 2017.
4. Any and all issues regarding a team's eligibility and/or disciplinary actions are up to the discretion of Homecoming Steering Committee.
5. For events in which participation points are awarded, team members must check-in at the Homecoming Spirit Competition table prior to the start of the event. Rules and regulations for each event can be found in this guidebook.
6. Triton Spirit Competition registration must be turned in by Friday, February 10 via TritonSync. Each organization will receive an automatic 100 points for completely filling out the correct forms and turning them in by the deadline. Late submission of registrations forms will be disqualified from receiving the automatic points.
7. Recognition will be given to the student teams with the three highest point totals in each division. Competition winners from each category will be announced at the Homecoming Dinner & Dance on Friday, February 17, 2017. All members from your student group are invited to attend.

## TRITON SPIRIT COMPETITION POINT SYSTEM

All student organization teams will be placed in a division based on organization size.

<b>Red Division</b>	<b>Student groups with 1---20 active members</b>
<b>Gold Division</b>	<b>Student groups with 21+ active members</b>

For most events there will be three winners from each division who will earn points based on a 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place finish. In addition to the points your team can win for each event for finishing in the top three, your student group can also earn points just by participating in a particular activity.

If your student group signs up for an activity, but does not show up, your team will lose 50 points per activity missed. While participating in Homecoming events, we encourage all student groups to advertise their student organization, residence hall, major, or other affiliation.

The student group with the most points at the end of the week will be named the overall spirit week competition winners, will be recognized and announced at the Homecoming Dinner and Dance, and will have their name engraved on the Homecoming Spirit Award plaque hanging in the Office of Student Involvement. Second and third place winners will also be recognized and announced at the Homecoming Dinner and Dance.

### Event Points Breakdown

Event	Participation Points	1 <sup>st</sup> Place Points	2 <sup>nd</sup> Place Points	3 <sup>rd</sup> Place Points
Homecoming Window Painting	100	75	50	25
Red & Gold Regatta	75	75	50	25
Big Man on Campus	50	75	50	25
Lip Sync Competition	50	75	50	25
Tritons Care Homecoming Blood Drive	75	75	50	25
Tritons Care Campus Service Projects	50	50	30	20
CANstruction for Pagedale	100	75	50	25
Pack the Stands Competition	50	75	50	25

## Homecoming Window Painting

February 12, 2017  
4 – 7pm, MSC Bridge

Student groups and campus departments can compete in the window painting competition to demonstrate your school spirit and bring excitement and energy to Homecoming Week. Participating groups will be given supplies to decorate window space on the Millennium Student Center Bridge.

Individuals or teams can sign up in advance by completing the Homecoming Event Registration Packet on TritonSync.

To get participation points at Homecoming Window Painting, your organization:	
<b>Red Division</b>	<b>Must have at least 2 members participate</b>
<b>Gold Division</b>	<b>Must have at least 5 members participate</b>

### Homecoming Window Painting Points

Participation	100 points
1 <sup>st</sup> Place	75 points
2 <sup>nd</sup> Place	50 points
3 <sup>rd</sup> Place	25 points

# Red & Gold Regatta

February 13, 2017

5:30pm Recreation & Wellness Center

Have you always wanted to be the captain of your own boat? Are you an experienced pilot of the seas? If so, this event is for you! Build your crew and your boat and join us for a wild competition in the pool.

## Advance Registration

All teams must be pre-registered to participate in the event. Individuals or teams can sign up in advance by completing the Homecoming Event Registration Packet on TritonSync.

Supplies will be available for pick up on Thursday, February 9 between 8am – 6pm or on Friday, February 10 between 8am – 6pm. If supplies are not picked up on one of these days the team will not be able to compete.

Boats must be submitted on Sunday, February 12 between 4 – 8pm to insure all boats are cleared to race prior to race day.

## Team Rules

- Unlimited number of builders, 4 paddlers per team
- Race the short distance across the pool and back twice, relay style. Two team members participate in the first leg, the other two on the second leg.
- Team members must be inside the boat at all times; no pushing or swimming with the boat.
- All team members must wear a US Coast Guard approved lifejacket while in the boat; lifejackets are supplied by Campus Recreation.
- Only building supplies provided by Campus Rec can be used

## Design

While design is only limited by your imagination and the supplies provided by Campus Rec, there are a few guidelines everyone must follow:

- No boat is allowed to have a closed cockpit, canopy or any obstruction that would prevent escape or rescue should the vessel sink. Vessels must be a boat-like structure with the crew contained within the boat. Crew may not sit “on top” of the boat –rafts and surfboards are prohibited.
- During competition the crew must be visible in the boat – not towing it, holding it between their legs, swimming or allow the life jacket to provide the floatation of the vessel. Races will begin in the water with crew(s) in the boat. No pushing the boat is allowed.
- Noodles are to be used for propulsion (paddling) or decoration only. They may not be used to aid floatation. The noodles will be given to you prior to the race beginning.
- Decorations may be made from any material but may not be used to reinforce the actual structure of the boat. Only staples can be used to secure decorations.
- Hulls may be painted with any one part latex paint; epoxy glues, oil based paints, varnishes or resins are not allowed.
- Duct tape may be used to seal edges and connect joints; it cannot be used to wrap the hull.
- Closed hulls are subject to ice pick probe tests to check for illegal floatation or ballast aids.

## Awards

Award categories include:

- 1<sup>st</sup> and 2<sup>nd</sup> Place Finishers
- Davy Jones’ Lock – any boat that sinks almost immediately or before reaching one length of the race
- People’s Choice

- Judging Categories for People’s Choice:
- Team Spirit – either school or group based on vessel decoration and costume/team uniform
- Most Creative – from artistic to outlandish, let your creativity shine!
- Best Boat Name

**Schedule of Events**

5:30 – 6pm	People’s Choice Voting
6pm	Parade of Boats
6:05 – 7pm	Races
7pm	Award Presentation

**Red & Gold Regatta Points**

Participation	75 points
1 <sup>st</sup> Place	75 points
2 <sup>nd</sup> Place	50 points
3 <sup>rd</sup> Place	25 points

# Big Man on Campus

February 14, 2017  
7pm, JC Penney Auditorium

Big Man on Campus is an annual event sponsored by the UMSL Panhellenic Association. Student organizations are asked to sponsor one male UMSL student to compete in a series of events in order to be crowned the Big Man on Campus. The events consist of Penny Wars, Bucket Wars, and a pageant. All money raised in conjunction with BMOC will be donated to Girls Inc.

Student organizations can sign up in advance by downloading the BMOC Registration packet on TritonSync <https://orgsync.com/74059/files/1142698/show>. Completed packets can be emailed [umslcommunitydevelopment@gmail.com](mailto:umslcommunitydevelopment@gmail.com).

### Required Events & Important Dates

Monday, January 23 <sup>rd</sup> , 5:00pm	<b>Applications Due</b>	TritonSync
Friday, January 27 <sup>th</sup> 9:00am	<b>Pick up Buckets</b>	Office of Student Involvement (366 MSC)
Friday, February 3 <sup>rd</sup> 4:00pm	<b>Return Completed Buckets</b>	Office of Student Involvement (366 MSC)
Friday, February 10 <sup>th</sup> Time TBD	<b>Pageant Dress Rehearsal</b>	MSC 316 Meeting Room
Friday, February 10 <sup>th</sup> 5:00pm	<b>Turn in Buckets</b>	Office of Student Involvement (366 MSC)
Monday, February 6 <sup>th</sup> – Friday February 10 <sup>th</sup>	<b>Penny Wars &amp; Bucket Wars</b>	Panhellenic will be tabling throughout campus to showcase the buckets and collect pennies for Penny Wars
Tuesday, February 14 <sup>th</sup> 7:00pm	<b>BMOC Pageant</b>	JCP Auditorium

**The registration fees are \$25 per contestant sponsored. ALL MONEY MUST BE PAID IN CASH- NO EXCEPTIONS!**

Contestants: Must be a male UMSL student (graduate or undergraduate). All contestants must have a 2.0 minimum GPA and be enrolled in at least 6 credit hours. Contestants must participate in each event.

Sponsors: Sponsors can be UMSL student organizations, UMSL faculty/staff and group(s) of UMSL students.

### Big Man on Campus Competition Points

Participation	50 points
1 <sup>st</sup> Place	75 points
2 <sup>nd</sup> Place	50 points
3 <sup>rd</sup> Place	25 points



# CANstruction for Pagedale

February 15, 2017

8am – 12pm, MSC Century Room C

CANstruction is the Homecoming philanthropy event. In this competition teams will collect cans ahead of time in order to build a structure reflecting the overall Homecoming theme. CANstruction is open to all students, student groups, and campus departments. Individuals or teams can sign up in advance by completing the Homecoming Event Registration Packet on TritonSync.

## CANstruction Rules

- All participants are responsible for providing their own food items for this event. All food items will be donated to Pagedale Family Support Center at the conclusion of Homecoming Week.
- Nonperishable boxed or canned food items are the only items allowed in this contest and can be purchased by the organization or donated by its members. It is encouraged to gather additional canned food items to donate outside of what you may need for the structure. No ramen noodles, pet food, alcoholic beverages, or glass containers will be allowed.
- All labels must remain visible on the can or box in order to be judged. Cans and boxes cannot be disfigured in any way including, but not limited to: painting, construction paper sleeves, removal of labels, etc. (This is because food bank needs to know what they are receiving in order to distribute the items).
- No opened or exposed food. All food items must be full, unopened, and with labels intact and legible. Remember the food banks need nutritional food, not junk food. Make every effort in designing your structure to use nutritious, edible foods.
- No adhesive, glue or tape can be used to secure items together. Sculptures must be free-standing. You may only use cardboard to separate layers if your sculpture needs. Please ask if you have any questions regarding this.
- Organizations will have approximately a 7ft x 7ft space to construct their structure. A sign, no larger than 11 inches x17 inches, should be clearly displayed on the structure recognizing the participating group.
- Teams are responsible for leaving their area clean and rid of any trash, bags, or excess packaging not used in the sculpture or to transfer the food items.
- Teams will win based on the judging criteria listed below and the total number of food items collected. It is not required that all food items are included in the CANstruction structure.

## Judging Criteria

Each structure is scored on a scale from 0 – 40 based on the following criteria:

- Best Design (Use of Labels)      0 – 10 points
- Creativity                              0 – 10 points
- Incorporation of Theme          0 – 10 points
- Best Meal                                0 – 10 points

### CANstruction Points

Participation	100 points
1 <sup>st</sup> Place	75 points
2 <sup>nd</sup> Place	50 points
3 <sup>rd</sup> Place	25 points

# Lip Sync Competition

February 15, 2017

7pm, JC Penney Auditorium

LipSync is a performance-based competition for any team or organization wishing to participate. Teams of up to ten will choreograph a dance and skit performance of up to 8 minutes. **All king and queen candidates are required to participate.** If a student organization participates with king or queen candidate, the candidate will receive credit for participating and the student organization will receive participation and, if applicable, points for placing in the competition. Student organizations can sign up in advance by completing the Homecoming Event Registration Packet on TritonSync.

## Lip Sync Rules

- No more than 10 members per team may participate in the competition.
- All music must be submitted to the Homecoming committee ahead of the performance. [date]
- Teams/choreographers are encouraged to attend the Lip Sync Information session on [date] to get a full understanding of Lip Sync and the rules.
- No outside assistance may be used when choreographing dances. Only current UMSL students may be involved in choreographing the dances.
- Tennis shoes or dance shoes are the only shoes allowed during the performance. Dancers **should not** perform or practice in socks or other shoes that may slip easily.
- Each team will have an eight (8) minute maximum performance. An additional four (4) minutes can be used for set up and take down.
- Only current members of the team may be on the floor during the performance. A team may have up to five (5) non-dancers on the floor to assist with set up and take down.
- Basket tosses or holding someone at full extension will not be permitted. The use of spotters is required for the safety of the performers.
- All teams are required to attend the mandatory rehearsal on Sunday, February 12, 2017.

## Judging Criteria

- Originality: How creative is the performance and how does it stand out among other groups?
- Execution: How well is the performance implemented and synchronized with the music?
- Choreography: How well are all members utilized in the performance and how well is the performance space utilized?
- Overall appeal: How does the performance rate overall and how well do the members of the performance fit together?

### Homecoming Lip Sync Competition Points

Participation	50 points
1 <sup>st</sup> Place	75 points
2 <sup>nd</sup> Place	50 points
3 <sup>rd</sup> Place	25 points

## Tritons Care Homecoming Blood Drive

February 16, 2017

10am – 4pm, MSC Century Rooms A&B

The annual Homecoming Blood Drive is a chance for Tritons to give back to their community. All blood donated goes to the Mississippi River Valley Regional Blood Center (MVRBC), the exclusive provider of blood products and services to 87 hospitals in Illinois, Iowa, Missouri and Wisconsin.

Individuals, student groups, and campus departments are encouraged to participate.

Participants will sign in for the organization they represent upon arrival. If you are unable to donate blood you will still receive points for attempting. There will be a first, second, and third place for the organization which has the greatest number of people attempt or donate in both the RED and the GOLD category.

To get participation points at the Homecoming Blood Drive, your organization:	
<b>Red Division</b>	<b>Must have at least 2 members attempt to donate</b>
<b>Gold Division</b>	<b>Must have at least 5 members attempt to donate</b>

### Homecoming Blood Drive Points

Participation	75 points
1 <sup>st</sup> Place	75 points
2 <sup>nd</sup> Place	50 points
3 <sup>rd</sup> Place	25 points

*First, second, and third place will be based upon total number of attempted donations.*

## Tritons Care Campus Service Project

February 16, 2017

10am – 4pm, MSC Century Room C

During the service project you will have the opportunity to choose from three different efforts:

- Create playful toys out of t-shirts for local animal shelters
- Construct decorations for local nursing homes
- Write letters to service members

There will be a first, second, and third place for the organization which has the greatest number of people participate in both the RED and the GOLD category.

To get participation points at the Tritons Care Campus Service Project, your organization:	
<b>Red Division</b>	<b>Must have at least 2 members participate</b>
<b>Gold Division</b>	<b>Must have at least 5 members participate</b>

### Tritons Care Campus Service Project Points

Participation      50 points

1<sup>st</sup> Place            50 points

2<sup>nd</sup> Place            30 points

3<sup>rd</sup> Place             20 points

# Pack the Stands

February 16, 2017

5:30pm, Mark Twain Gymnasium

Cheer on the Tritons Women's and Men's Basketball teams as they take on Missouri S&T at the 9<sup>th</sup> Annual Pack the Stands. Enjoy games, prizes, free food, giveaways, and contests.

Student groups and campus departments are encouraged to attend and show their Triton pride! Participants will sign in for the organization they represent upon arrival. There will be a first, second, and third place for the organization which has the greatest number of people participate in both the RED and the GOLD category.

**To get participation points at Pack the Stands, your organization:**

<b>Red Division</b>	<b>Must have at least 5 members participate</b>
<b>Gold Division</b>	<b>Must have at least 10 members participate</b>

## Pack the Stands

Participation 50 points

1<sup>st</sup> Place 75 points

2<sup>nd</sup> Place 50 points

3<sup>rd</sup> Place 25 points